



Fallon M. Flowers, APRN, WHNP-BC
Women's Health Nurse Practitioner



@yourGYNgirlfriend

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as a Speaker

Signature Talks & Workshops

Workshops for Teens (Ages 13-18):

- Vaginal Health 101: What Every Teen Should Know
- Your First Period & Beyond: Understanding Your Menstrual Cycle
- Growing Up Healthy: Transitioning from Pediatric to Adult Care
- Do I Really Need a Gynecologist? Yes, and Here's Why!
- Period Talk: Pads, Tampons, or Cups—What's Right for Me?

Workshops for College Women (Ages 18-24):

- Mastering Your Menstrual Cycle: Managing Periods While Balancing College Life
- Vaginal Health on Campus: How to Stay Balanced & Infection-Free
- From Pediatrician to OB/GYN: Taking Charge of Your Women's Health
- Why Every College Woman Needs a Gynecologist (Even If You're Not Sexually Active)

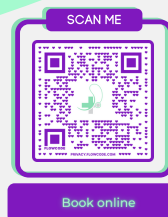
Additional Talks for Women 16+:

- Breaking Barriers: Navigating Healthcare as a Black Woman
- Your Health, Your Voice: Advocating for Yourself in Healthcare and Beyond
- The Power of Self-Care While Seeking Holistic Health: Thriving in Mind, Body & Spirit
- You Don't Have a Gynecologist? Here's Why You Need One!
- Beyond Pads and Tampons: Exploring All Your Menstrual Health Options

Book a talk
TODAY!

About the Speaker

Fallon is a board-certified Women's Health Nurse Practitioner, speaker, and advocate dedicated to women's and reproductive well-being and health equity. With expertise in contraception, maternal health, and adolescent care, she empowers women through education, advocacy, and patient-centered care. Fallon has served medically underserved communities since 2018 and is recognized as a Contraceptive Equity Champion. She shares her expertise through speaking engagements ensuring women have the knowledge and resources to take control of their health.



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